

# KC WOW BICYCLE FESTIVAL

## CLINIC AND DEMO SCHEDULE

<u>TIME</u>	<u>CLINIC/DEMO</u>	<u>PRESENTED BY</u>
10:30 AM	INTRO TO BIKE MAINTENANCE	TREK
11:00 AM	ROAD RACING 101	RENAISSANCE CYCLING
11:30 AM	INTRO TO GROUP RIDES	SUNFLOWER TO ROSES
12:00 PM	CYCLING FASHION SHOW	TREK/BIKESOURCE/EPIC
12:00 PM	TRIATHLONS 101	TRI KC/KC MULTISPORT
12:30 PM	COMMUTING BY BIKE	THE WHEEL CYCLERY
1:00 PM	BIKE FIT	JET PERFORMANCE CHIRO.
1:30 PM	CYCLOCROSS 101	LOCALCYCLING.COM
1:45 PM	BIKE KC RAFFLE-ADULT TRICYCLE	KCMO/BIKE KC
2:00 PM	BOULEVARD BEER TASTING & BIKESOURCE GIFT CARD RAFFLE	KC WOW

### ONGOING CLINICS/DEMOS

10 AM-2 PM	HOW TO FIX A FLAT CHALLENGE	SPOKE WENCHES
10 AM-2 PM	KIDS RECYCLED BIKE PARTS JEWELRY	KCMO/BIKE KC
10 AM-12 PM	CHILDREN'S HELMET GIVEAWAY/FIT	HEADSTRONG FOR JAKE
12 PM-2 PM	GUIDED MOUNTAIN BIKE RIDES	EARTHRIDERS
10:30 AM & 12:30 PM	GUIDED ROAD RIDES	LOCALCYCLING.COM

**[www.KCWOW.com](http://www.KCWOW.com)**