

# READING & FITNESS CHALLENGE

## ABOUT THE PROGRAM

The **Reading & Fitness Challenge is BACK!** This event is centered around encouraging youth in the community to **get active** and **excited about reading!**

Challenge your students (K-6th) to read 12 books and complete 12 hours of fitness activity by January 31! Participants who complete the challenge are invited to the Reading & Fitness Challenge celebration on Friday, March 8 during the morning session of the Phillips 66 Big 12 Women's Basketball Championship at the T-Mobile Center in Downtown Kansas City, Missouri. Classes, troops, teams, individuals – all are welcome to participate!

## PROCESS

- Review the Reading & Fitness Challenge **instructions**
- Submit the Reading & Fitness registration form by **Friday, December 29** to secure spots for your class, team, troop and/or student(s)
- Download the **Reading Log & Fitness Log** and distribute to students
- Submit the **Final Participant Form** by **Friday, February 23**
- Mark your calendars for the Reading & Fitness Challenge Celebration on **Friday, March 8**

## RULES

- Girls and boys grades K-6 are eligible to participate.
  - There will be two age groups, K-3 & 4-6, used to determine the top participants.
- Each participant must complete a minimum of 1 Reading Log (12 books) and at least 12 hours of activity time.

**Participating schools & organizations must fill out their Final Participant Form by Friday, February 23 to be eligible for rewards and recognition.**

## REWARDS

Each participant who completes the challenge will receive:

- Complimentary lunch
- Ticket to the morning session, **Friday, March 8**, of the Phillips 66 Big 12 Women's Basketball Championship
  - Games tentatively set for 11 a.m. & 1:30 p.m.
- Book
- Reading & Fitness Challenge "Certificate of Achievement" Bookmark

**The top boy and girl from each of the two grade groups – K-3 & 4-6 – will be recognized during halftime of the first game, est. game time 11 a.m. - on Friday, March 8**

FINAL PARTICIPANT FORMS DUE  
FRIDAY, FEBRUARY 23, 2024

Questions? Please email  
[info@winforkc.org](mailto:info@winforkc.org).

